

Year 5 Curriculum Summary

This booklet is a curriculum summary for Year 5 which we hope you will find interesting and informative. Our intention in providing you with this document is that you will be better informed about the way the curriculum is organised, and be familiar with specific aspects of the individual subjects. If you require further information during the academic year you are welcome to contact me or speak directly with the teachers.

Mr P Clear
Deputy Head - Academic

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CURRICULUM ORGANISATION

At Clifton College Preparatory School, we believe that every child has potential and it is our aim to see that this potential is realised and fulfilled. To that end we provide a broad and balanced curriculum which extends well beyond the requirements of the National Curriculum. We are fortunate to be of independent status as this provides us with the opportunity to have a rich and differentiated curriculum to enhance the enjoyment of learning and life experiences of the children. There is a wide range of sport, activities and extra-curricular clubs in which our children can participate.

Please find below a weekly allocation of lessons per subject:

2024-25 Lessons Allocations – Year 5							
English	7	Humanities	7	PSHE	1	PE	2
Maths	7	IT	2	Drama	1	Swimming	2
Science	3	Art	2	Music	1	Games	10
French	2	DT/ Food	2				

In addition to class and subject teachers, tutors play an important role in encouraging and supporting the children's achievements. Tutors are allocated on a house basis and it is their role to meet their tutees on a weekly basis to discuss their progress, and help the children meet their targets.

We have a system of Praise Points to reward your child for outstanding work, effort and conduct. The Praise Points accumulate to result in bronze, silver and gold awards over the year.

In Year 5 the children are expected to complete prep and the details of this expectation are provided by the Year 5 teachers at the beginning of the year.

Please find below our calendar for reporting to parents at the Preparatory School for Year 5.

	Michaelmas Term			Lent Term	Summer Term
	First half of term	Half Term	End of Term	End of Term	End of Term
Year 5	Informal parents information evening	Grades in Core Subjects with settling in Pastoral Comments	Formal Parent Evening and grades	Grades in all subjects and reports in core subjects. <i>(Including House, Games, Music and Tutor Comments)</i>	End of Year Full Written Report with grades

ENGLISH

Head of Department: Mrs S Swallow

The aims of the English Department are to develop the following: oral skills so that the pupils are confident participants and responsive listeners; fluency in a range of reading, both fiction and non-fiction; an enjoyment of literature – novels, plays, short stories and poetry; ability to use the School Library and Information Technology facilities selectively to retrieve information through research; the ability to produce a range of types of writing, appropriate to purpose and audience. The teaching of language skills – handwriting, grammar, spelling and punctuation – is an integral part of the curriculum but taught as a means to communication not in isolation. Crucial to our aims is a coherent purpose and method which ensures continuity between years and Key Stages and keeps the teachers clear about their role in the process of progression, and in their ability to communicate a series of basic skills and strategies to the children in a way that makes the pupils enthusiastic learners.

Year 5

Pupils in Year 5 have most of their lessons with their class teacher.

During the week, around seven lessons will be devoted to English, continuing the skills developed in Year 4. Classes will cover reading, comprehension skills, writing, language skills (handwriting, spelling, grammar and punctuation), speaking and listening, and vocabulary development. A wide range of writing and comprehension is included under the broad headings of Fiction, Poetry and Non-Fiction. Pupils are encouraged to do personal reading every night and will cover several class readers throughout the year.

Progress is assessed regularly by interim reports and by formal assessments mid-year and at the end of the year. A variety of support resources is available, including literacy workbooks. Pupils have a weekly library lesson and we try to ensure that all year groups will have sessions with visiting authors over the year.

MATHEMATICS

Head of Department: Mrs Emily Waters

The Mathematics Department's curriculum is primarily guided by the White Rose schemes of learning. Parents can explore these schemes and access helpful resources by visiting the White Rose website at whiteroseeducation.com, specifically under the Parents & Pupils tab. In addition to this, we enhance our curriculum with online tools such as Century Tech and Times Tables Rock Stars. We encourage Year 5 pupils to dedicate 10 minutes each day to practising on TTRockstars.

To ensure every student is making progress, we conduct regular assessments through interim reports, as well as formal evaluations at the mid-year point and the end of the academic year.

Overview of progression in Year 5

Autumn term	<div>Number</div> <div>Place value</div> <div>VIEW</div>	<div>Number</div> <div>Addition and subtraction</div> <div>VIEW</div>	<div>Number</div> <div>Multiplication and division A</div> <div>VIEW</div>	<div>Number</div> <div>Fractions A</div> <div>VIEW</div>
	<div>Number</div> <div>Multiplication and division B</div> <div>VIEW</div>	<div>Number</div> <div>Fractions B</div> <div>VIEW</div>	<div>Number</div> <div>Decimals and percentages</div> <div>VIEW</div>	<div>Measurement</div> <div>Perimeter and area</div> <div>VIEW</div>
				<div>Statistics</div> <div>VIEW</div>
Spring term				
Summer term	<div>Geometry</div> <div>Shape</div> <div>VIEW</div>	<div>Geometry</div> <div>Position and direction</div> <div>VIEW</div>	<div>Number</div> <div>Decimals</div> <div>VIEW</div>	<div>Number</div> <div>Negative num...</div> <div>VIEW</div>
				<div>Measurement</div> <div>Converting units</div> <div>VIEW</div>
				<div>Measurement</div> <div>Volume</div> <div>VIEW</div>

SCIENCE

Head of Department: Dr S Mumford

Aims

- To stimulate curiosity, interest in and enjoyment of Science.
- To provide opportunities for the pupils to develop their skills, creativity, knowledge and understanding of Science through a range of activities, to work quantitatively, use first-hand and secondary sources of information and to develop their use of ICT.
- To encourage pupils to think carefully and to ask questions during their work; to communicate their ideas and information in a variety of ways (including ICT), using scientific terms and symbols, SI units, and to demonstrate their scientific knowledge and understanding.
- To relate scientific knowledge and understanding to familiar phenomena and things used everyday, to develop awareness of the relevance of Science to their personal health, living things and local environment, how it influences the quality of their lives and how it has contributed to scientific and technological developments.
- To develop pupils' experimental and investigative abilities to obtain evidence to test scientific ideas and to consider how ideas have changed through time; the reasons for these developments, to see that Science provides explanations for many phenomena and that scientific knowledge and understanding need to be supported by evidence to explain these fully.
- To develop pupils' knowledge and understanding of health and safety when working with living things and materials, to recognise hazards and assess risks to themselves and others.

Pupils have one double and one single lesson per week and follow the KS2 national curriculum in Science. Teaching resources are drawn from a variety of sources, with teachers discerning on the most suitable resources. Pupils work in class books, which are held within their science classrooms. Pupils also have access to Century Tech and Seneca, and often use CGP workbooks to supplement their studies.

The topics are as follows:

Autumn Term - Safety, Life cycles and Growth, and Forces

Spring Term - Earth and Space and Materials

Summer Term - The Earth and Evolution

COMPUTING

Head of Department: Mrs J Hambley

The aims of the Computing Department are to develop the confidence, enjoyment, curiosity and digital fluency of children, whilst developing an appreciation of the potential pitfalls of the Digital World that they live in, and any consequences that may entail, and finally the support systems in place, should they ever need it. We have several CEOP ambassadors at Clifton and there is an E-Safety Officer available for you or your child to talk to, if you have any concerns or want to seek advice. There are a range of articles and assemblies/workshops to help keep you and your child informed of good practice whilst online.

It is essential children learn to work with a range of software and hardware, and develop the skills needed to apply these within different contexts. Concepts and skills are overlapped and developed each year, in order to develop the continuity and progression of their understanding. One third of the curriculum is devoted to teaching pupils how to read, debug and write their own code in order to create programmes, applications and games.

Hardware and Software

Each pupil has their own network account, Scratch account and Google Apps account, and has access to an individual, Windows based, desktop computer.

Computing Curriculum/Scheme of Work Overview for Academic Year 2023-24



Year	Michaelmas Term	Lent Term	Summer
4	An Introduction to Touch Typing Google Apps Internet Safety Bebras Challenge	Programming with Scratch <i>(Animation)</i> Programming with VEX VR and GO	Word Processing Programming <i>Discovery Coding - Block Code</i> Graphic Design
5	Touch Typing Programming with Scratch <i>(Sound)</i> Internet Safety Bebras Challenge	Animation Graphic Design Databases	Physical Computing and Programming <i>BBC Micro Bit and Discovery Coding - Block Code</i> Spreadsheets 3D Design TBC <i>(Sketch Up and 3D Planner TBC)</i>
6	Touch Typing Programming with Scratch <i>(Game Design)</i> Internet Safety Bebras Challenge	Spreadsheets Presentation Graphic Design	Programming with Python <i>(Artwork)</i> Physical Computing <i>(VEX Go)</i>
7	The Digital World <i>Digital Footprint, Social Media Use, Cybersecurity</i> Programming with Scratch <i>(advanced game design)</i> Bebras Challenge	Google Apps and MS Office Programming with Python and Ozaria	Physical Computing VEX IQ Graphic Design Typography Focus using Illustrator
8	Advanced Programming with Python <i>Plus an exploration of Thimble, Scratch, Turtle, Sonic Pi and App Lab</i> Programming with Codecombat ESports Bebras Challenge	The Digital World <i>Youth Produced Imagery, Online Behaviours, Artificial Intelligence</i> Kodu Coding - Game Design Animation using Pivot Animator and Adobe Animate	Graphic Design Image Focus using Photoshop 3D Design <i>(Sketch Up and 3D Planner TBC)</i>
<ul style="list-style-type: none"> All pupils will learn and practise touch typing at the start of all ICT lessons for between 5-15 minutes * <small>(Teacher discretion to use this time to finish work/DIRT time)</small> All pupils in Year 7 and 8 have a weekly prep of approx 20/30 minutes All pupils should complete typing tests each term in addition to a baseline one (4 in total) and 'best score' and 'most improved' recorded for each class All lessons should have a starter on the board for pupils to complete whilst waiting to log on/sign in <small>(Any IT based topic) and pupils reminded to 'tidy' their Google Drive</small> <small>For pupils in Year 7 and 8, they will use a notebook to answer/make their own notes</small> Pupils in Year 7 & 8 should regularly update content and reflect on their work, using their ICT Digital Workbook (Google Site) where possible/appropriate All staff should be able to access and use IMPERO console to monitor pupil activity and as an aid for presenting work During Nov, as a school we enter the Bebras Challenge, a series of computational puzzles, which all pupils are invited to partake in 			

Reviewed September 2024
Next review September 2025

FRENCH

Head of Department: Mrs H Higham

Introduction

We aim to provide a sound base as well as a lasting interest in the French Language and French culture.

Pupils in Year 5 have two lessons per week, and no prep. The French course used is Rigolo Studio Accès and Studio 1, which cover the Strands of Speaking, Listening, Reading, Writing and Grammar. Although oral work is still an important part of the lesson and pupils are encouraged to speak French as much as possible in the classroom, we also emphasise the use of basic French grammar and spelling and their application in written work.

Assessments

Teachers continuously assess the children by evaluating the work in their exercise books and their oral contributions in class. The pupils are praised for what they have done well and have time to reflect on a question tailored to their individual work.

Pupils are encouraged to 'peer assess' and reflect on 'what went well'.

Linguistic objectives

Studio Accès

Unit 1: Saying hello and goodbye, saying your name, asking someone's name, asking someone how he/she is and saying how you are, learning the alphabet and how to spell.

Unit 2: Counting up to 21, saying how old you are and asking someone's age.

Unit 3: Saying when your birthday is, learning numbers up to 31, months and days and giving the date.

Unit 4: School objects and indefinite articles.

Unit 5: Talking about the classroom, understanding instructions.

Unit 6: Sports and leisure activities and giving your opinion.

Unit 7: Saying what colour things are and using adjectives.

Unit 8: Talking about your pets.

Unit 9: Talking about your family and siblings and using possessive adjectives.

Unit 10: Saying where you live and what types of houses.

Unit 11: Saying what you eat and drink and ordering in a café.

Unit 12: Talking about nationalities and countries.

Unit 13: Weather

Studio 1

Module 1: C'est perso

Likes and dislikes, saying what you have in your bag, describing yourself and others, revision of family members.

Grammar

Gender (Masculine/feminine), definite and indefinite articles, position of adjectives and adjectival agreements, possessive adjectives, plural of nouns, *avoir* and *être*, introduction of 'er' verbs, asking questions, *au/du*.

HISTORY

Head of Humanities: Mrs R Grubb

History in the Prep School is largely based on the National Curriculum and, while we can, and sometimes do, diverge to include an additional area or aspect that is of interest, we share very much the same basic objectives: to explore periods of British, European and World history, endeavouring to establish an accurate version of what actually happened (through the consideration of both primary and secondary sources), to analyse the events, trying to work out the dynamic forces responsible, and to express what we decide in a clear and cogent manner. These are clearly crucial skills which hopefully will engender an enquiry and perception that will be applicable in many other areas and subjects as well.

We also emphasise a 'hands on' approach – using artefacts, where possible, bringing in History Workshops. Anglo-Saxon and Viking Days put on by the department and KS2 class teachers have complimented the schemes of work and ushered in a celebration of history, competition and playfulness.

As a department, though, we are not always looking backwards. Indeed, we are willing participants of technology wherever we can, using ICT skills, multimedia resource teaching and the like. The history which the children learn here, and the spirit of enquiry and understanding which it should engender, is a start, a start that I hope will then blossom and flourish during the years that follow!

Year 5

Term 1: Invaders and settlers – Anglo Saxons and Vikings

Explanation for BC/AD (and CE), centuries, chronology; why and when the Romans left Britain; Who were the Anglo Saxons - reasons for migration/settlement look at archaeology; focus on Sutton Hoo; aspects of life (placenames, kingdoms, hierarchy, settlement, fashion, culture, farming) Who were the Vikings? Homelands; reasons for Vikings migration/settlement; reasons for Viking raids (places/dates/features); Viking Longships, travel, trade and settling?

Term 2: Aztec Civilization

Aztec and timeline; Location, culture, people and artefacts- everyday life, food and farming (hot chocolate making); native stories, objects of pottery and weaving, religion and belief. Moctezuma welcomes Hernan Cortes and the Spanish invasion.

Term 3: Anne Frank and Kitty

Meet inspirational Anne Frank; A brief and sensitive overview and timeline of WWII - lessons on prejudice and persecution, historical evidence and preserving important stories - Anne Frank's diary; Migration of people in Europe and the experiences of UK evacuee children.

GEOGRAPHY

Head of Humanities: Mrs R Grubb

The Geography department at Clifton College Preparatory School is fuelled by an enquiry based approach to learning with a focus on securing key skills. We use creative and practical geographies to generate breadth and depth of knowledge within pupils' learning. This entails an analysis of spaces and places around the globe. Fieldwork is a strong component of the Geography department at Clifton Prep and draws on investigative skills to produce maximum understanding of the processes at work on the earth. The curriculum is ever evolving in line with the dynamic nature of the earth.

Geography helps us to make sense of the fast changing world in which we live. Through Geography we unravel the mystery of people, places and environments. We are able to develop a sense of place, belonging, identity, purpose coupled with awe and wonder at the world we live in. Through this, we make links between physical and human aspects of the subject.

We will endeavour to do the following:

- Enjoy the study of the world and local area whilst developing a sense of place.
- Investigate processes that shape our world in physical and human spheres.
- Investigate patterns in our world in both physical and human landscapes.
- Investigate environmental perceptions and stewardship that seeks sustainable futures.
- Encourage pupils to locate places around the world and to develop understanding of how maps work and what they represent.
- Encourage pupils to use a variety of resources to develop their geographical knowledge including field sketches, photographs, plans and maps.

Year 5

Term 1:

Water, rivers and coasts: use and origin, ocean and seas, deserts and drought, importance of clean water. Physical processes, events and consequences.

Term 2:

South America (Mexico): country study, including an exploration of people and landscapes.

Term 3:

Global locations: European locations, the movement of people in Europe and UK, urban and rural areas.

ART

Head of Department: Mrs A Kipling

Year 5

In Year 5 students are taught in form groups for one double period per week where the department will employ a thematic approach to teaching Art.

Central to the departments' aims in Year are the development of broad skills. Pupils should be taught to develop their techniques, including their control and their use of materials, with creativity, experimentation and an increasing awareness of different kinds of art, craft and design. By the end of Year 5 Pupils will be able to:

Generate Ideas

Pupils will engage in open ended research and exploration in the process of initiating and developing their own personal ideas.

Pupils will confidently use sketchbooks for a variety of purposes including: recording observations; developing ideas; testing materials; planning and recording information.

Making

Pupils will confidently investigate and exploit the potential of new and unfamiliar materials (for instance, try out several different ways of using tools and materials that are new to them).

Pupils will use their acquired technical expertise to make work which effectively reflects their ideas and intentions.

Evaluate

Pupils will regularly analyse and reflect on their progress taking account of what they hoped to achieve.

Knowledge

Pupils will research and discuss the ideas and approaches of various artists, craftspeople, designers and architects, taking account of their particular cultural context and intentions.

Pupils will be able to describe the processes they are using and how they hope to achieve high quality outcomes

In Year 5 students continue to build upon good practice, building concepts, developing skills and techniques. They learn how to bring greater organisation to their practical work and greater structure to their looking when working from observation. Students will be required to establish disciplined working methods necessary to sustain a creative environment within the department. They will build upon their skill to cooperate with classmates within a practical environment, treat their work with respect and all other areas of personal management. Students are encouraged to develop their opinions, and to express them with the appropriate subject related critical vocabulary.

Pupils will investigate the roles and purposes of art from different times and cultures. Where possible they will experience contact via workshops with artists.

Extension Learning

Further opportunities are sought in terms of developing and extending children's knowledge and skills and will often involve working with visiting artists.

Art Club takes place on designated lunchtimes and after school activity slots. All students are encouraged to use the facility to further their art experience.

DESIGN AND TECHNOLOGY

Head of Department: Mr S Webb

It is the aim of the Technology Department to provide a programme of study that offers opportunities for children to:

- Develop their designing and making skills
- Develop knowledge and understanding
- Develop their capability to create high quality products through combining their designing and making skills with knowledge and understanding
- Nurture creativity and innovation through designing and making
- Develop an understanding of the technological processes, products, and their manufacture

This is achieved through projects which last approximately one term, however in the later years projects may take two terms.

The Department is very aware of the natural curiosity and ingenuity of young pupils. However, they must first cover basic practical and graphical work, which will enable them to produce a far more considered approach. As with all years, safety in the workshop is crucial and with a vigorously applied safety policy the pupils are constantly supervised. At a time when, within many Schools, Technology is being constantly squeezed for time and resources, Technology at Clifton is a curriculum strength.

Year 5

Pupils are provided with the opportunity to use the design process through specific projects. Pupils are made aware of the necessity to produce design work and practical solutions, which are well considered and logical in their approach.

Project 1 – Jitterbugs

Pupils will be designing and manufacturing a 3D Jitterbug. They will learn about electronic circuits and solder their own circuit. Pupils will learn how to create patterns using textiles and embellish their design using a variety of different materials.

Project 2 – Clock Project

Pupils will design and manufacture a laser cut clock using Techsoft 2D Design CAD software and the laser cutter. They will develop their skills using CAD to enhance the features of their clock design.

FOOD TECHNOLOGY

Teacher: Francesca Didymus

Year Five will learn about the importance of sustainable farming, preservation, and seasonality. Throughout the year there will be opportunities to design, measure and make their own recipes. The pupils will also be taught essential cookery techniques, not limited to: cutting, mixing, shaping and assembling, sautéing, roasting and baking.

- An introduction lesson to food sustainability. Understanding the food chain, the impact of food waste and the importance of sustainable farming.
- Discussion of seasonality and investigation of what produce is available during different times of year in the UK.
- Exploratory sessions on different methods of food preservation, with practical activities to grow, harvest ingredients for preserves.
- Practical lessons involving recipe following and baking, concentrating on accuracy in weighing and measuring ingredients.
- Investigation of recipes from the past, comparing them to modern recipes. Making and tasting historical recipes.
- Practical sessions on recipe testing, feedback, and food presentation techniques.
- Discussion of nutrients, balanced diets and essential minerals.
- Preparing dishes with meat, fish and alternative sources of protein.

MUSIC

Head of Department: Mr J Edgell

The aim of the Music Department is to offer all pupils the opportunity to gain enjoyment from this broad subject, at as many different levels as possible. The Department encourages pupils to learn instruments individually and to participate in the wide variety of extra-curricular musical activities.

We offer tuition in a variety of instruments, with over 200 music lessons taking place every week. There are many groups and ensembles: Orchestra, Swing Band, Brass Group, Sax group, Flute & Clarinet Groups, String/chamber ensembles, Pop Groups, Guitar Groups and music theory classes. The Chapel Choir is a major focal point and there is also a junior training Choir (Clifton Cantate).

There are also numerous opportunities for performance at special events and in concerts.

In the classroom, all pupils learn about the rudiments and elements of music through the American Band System approach. Pupils are taught a woodwind/brass instrument, as part of a class band.

Year 5

- Learn how to care for your instrument: assembly, cleaning and disassembly;
- Perform simple rhythmic and melodic patterns by ear and from symbols of varying difficulty;
- Consolidation of the Musical Elements through playing a range of music, controlling pitch, rhythm, tempo and dynamics;
- Further development of rhythmic notation;
- To play successfully in an ensemble; consideration of others;
- Communicate musical ideas to others and use appropriate musical language;
- Developing musical appreciation by listening and responding to instructions;
- Talk in simple but appropriate musical terms about sounds and music they have made, listened to or performed.

RELIGIOUS EDUCATION

Head of Humanities: Mrs R Grubb

Religious Education develops children's core knowledge and deeper understanding of the role of religion and belief in people's lives. It extends their natural curiosity, broadens their world view and promotes reflection. Religious Education celebrates the cultural differences of others and promotes the development of shared human values, helping to prepare children for life within a modern, diverse society.

At Clifton College, Religious Education remains an integral component of spiritual, moral and academic life. The beliefs and practices of the Abrahamic traditions and other major world religions are taught throughout the school and in each year group. Local visits, guest speakers, school chaplains and twice-termly services in Chapel extend or complement work in the classroom. At Key Stage 2, pupils receive two periods of Religious Education per week.

Year 5

Our course this year includes an exploration of the Old Testament, its structure and the themes which run throughout it, stories of the Jewish Patriarchs and the concept of Covenant and Commandments. Pupils will also develop a confidence in enquiry based learning, communication and writing skills around fundamental religious and non-religious responses to the human experience. Pupils study these themes in the following order:

Term 1:

- i. The structure of the Old Testament
- ii. Founders of Judaism, the Patriarchs – Abraham and Moses
- i. The Jewish celebration of Passover.

Term 2 & 3:

- i. The Island, understanding religion and religious practices through guided stories and discussion; Survival, community and birth, laws and values, preserving the story, sacred books, sects and pilgrimage.
- ii. Investigation of the major world religions (beliefs and practices and ceremonies)

PHYSICAL EDUCATION

Director of Sport: Mrs Catchpole

Aims and objectives

The primary aim of Physical Education is to introduce and allow all pupils to experience and enjoy a wide range of physical activities in the hope that they will see the benefit of a healthy, active lifestyle and continue with physical exercise in their later years.

We aim

- To develop self-belief, confidence and competence in physical skills – encouraging each child to reach their full potential
- To develop each individual's personal levels of coordination, fitness, flexibility, skill, speed, stamina and strength
- To appreciate the importance of fair play, honest competition, good sporting behaviour and abiding by the rules and codes of conduct in all activities as individual participants, team members and spectators
- To learn to cope with success and failure/winning and losing – while stressing the importance of participation
- To teach that there is a place for fun and competition
- To experience individual, partner and group participation in both competitive and cooperative situations. To encourage cooperation, teamwork, planning and decision-making
- To appreciate the importance of valuing the contributions of others whatever their level of ability
- To learn to evaluate and comment on performance
- To be aware of all aspects of safety and to be responsible in matters of personal hygiene

Time allocation

- Year 5 have one double period of Swimming per week
- Year 5 have one double period of Physical Education per week

Staffing

All teachers in the department are specialist trained.

Year 5 Course Content

Michaelmas Term and Lent Term				Summer Term	
Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Health-related Fitness	Gymnastics	Games Skills	Movement & Dance	Athletics	Athletics

Swimming

The children learn:

- Stroke development – Front crawl, Back crawl, Breaststroke and Butterfly

- Individual standards against the clock
- Personal survival
- Tumble and Touch Turns
- Diving
- Swimming for fitness (healthy lifestyle)

Health-related fitness

The children are taught simple concepts of fitness:

- The importance of Warm Up and Cool Down
- Location of major muscles on the body
- Muscles and Movement – How muscles work
- What is Physical Fitness? (General and Specific Fitness)
- How to improve Physical Fitness
- Measuring Physical Fitness
- Target zones (improving cardiovascular fitness/heart health)
- The Recovery Rate and variations between individuals

Games skills

Pupils are taught to understand and play small-sided games and simplified versions of recognized competitive team games covering the following types:

Invasion Games e.g. Basketball, Football, Uni-Hoc

Striking/Fielding Games e.g. Cricket, Rounders

Net/Wall Games e.g. Mini Tennis

Emphasis is placed on the development of motor skills and hand-eye coordination to improve individual skills in sending, receiving, striking and travelling with a ball and in understanding the strategies linked to playing games.

Gymnastics

Pupils are taught to perform a variety of skills from the following skills categories:

- Travelling
- Balancing
- Flight – including vaulting

Emphasis is placed on the aesthetic qualities including body tension and extension, changes in body shape, level, speed and direction of movement.

Pupils practise, refine and repeat increasingly complex movement sequences on the floor and on the apparatus. They work both individually or with a partner and are encouraged to perform to a limited audience.

Movement and Dance

Through teacher direction, the children learn to create or compose simple dance sequences. In response to a range of music and stimuli, pupils are encouraged to explore and experiment with ideas, develop expression, rhythm, and use of imagination and non-verbal communication through movement/dance.

Athletics

Children learn to develop and refine basic techniques in:

- Running e.g. over short distances, over longer distances, in relays
- Throwing e.g. for accuracy and distance
- Jumping e.g. for height and distance

Pupils are encouraged to improve their own individual performances.

GAMES

Director of Sport: Mrs Catchpole

Rationale

Games at Clifton College has a place for everyone. We aim to provide all children with the opportunity to develop their skills, reach their full potential and enjoy participation in sport.

The Games programme is a very important aspect of school life here at Clifton and it takes place in addition to the Physical Education curriculum on a Wednesday, Friday and Saturday morning.

The children follow a progressive balanced programme of training and competition throughout their time at the Preparatory School. This programme respects the children's natural stages of physical, mental and emotional development. Its key aim is to increase the likelihood that children of all abilities will remain active throughout their lifetimes.

Staffing

We are very fortunate to have a number of very experienced and specialist coaches who are supported by enthusiastic and experienced members of staff. We also have excellent links with the Director of each sport in the upper school. Each team has its own coach and mentor throughout the season. With an excellent staff to pupil ratio every child is provided with the perfect opportunity to flourish, fulfil their true potential and develop a love of sport.

Time allocation

All major games have three sessions set aside for the development of core skills, tactical knowledge and games awareness, alongside promoting positive attitudes which value respect, commitment, determination and teamwork.

Major Sports

Hockey is the major sport for girls in the Michaelmas Term, Netball in the Lent Term and Cricket/Tennis in the Summer Term.

Rugby is the major sport for boys in the Michaelmas Term, Hockey in the Lent Term and Cricket in the Summer Term.

In addition to the major sports covered, pupils have the opportunity to experience many other sporting activities. These are on offer as part of the extensive after school Activity programme and for example includes: Gymnastics, Dance, Football, Fives, Badminton, Cross Country, Judo, Karate, Tennis, Athletics, Swimming, Triathlon, Equestrian, Archery and Sailing.

PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION (PSHE)

Head of Department: Mrs M Byas

Personal, Social, Health and Economic Education and Citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They also find out about the main political and social institutions that affect their lives, and about responsibilities, rights and duties as individuals and members of communities. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

PSHE, of course, starts within the family and is developed by the prevailing ethos of the school, as well as by the set curriculum. This is indeed very important, as the foundation subject, Citizenship, puts further demands on an already busy schedule.

We aim to maintain flexibility within the framework, to allow discussion of current affairs, both within school and in the world outside. Some topics are developed across five years, and for others there is a spiral curriculum to allow for the growing understanding of the children.

The curriculum encompasses many areas of PSHE study and is complemented by the weekly Form Tutor sessions.

We follow the Jigsaw Curriculum and the six pieces of the puzzle, building on the lessons from Year 4:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

LEARNING SUPPORT

Head of Department: Mrs A Gowdy

The Learning Support department aims to ensure that every child is provided with the individual education which they require. This may involve specialist teachers and teaching programmes for children who are experiencing a range of barriers to their learning.

Learning Support

In order to support children who require extra support, either due to a specific learning difficulty, such as Dyslexia or Dyspraxia, or through the necessity simply to catch up with the mainstream, due to illness or a gap in their previous education, one of three approaches may be employed:

- The pupil may be withdrawn from classes to receive individual tuition from a specialist teacher in the Learning Support department.
- The pupil may be supported within the mainstream classroom through 'Class Support' by their teacher with the guidance of the Learning Support department.
- A combination of both of the above.

Identification

Identification of children who might need support is achieved through screening administered by our specialist teachers or by an Educational Psychologist. On the basis of the assessment obtained the children may be given individual specialist support as detailed above.

Reporting

All children who receive additional support from the Learning Support department have an Individual Education Plan (IEP) prepared for them by their Learning Support teacher. This IEP will set out the learning programme and targets for the term.

All parents, whose children are new to the Learning Support department are invited, during the first term, to come into the department to discuss the style of teaching that will take place and how best they can support their child at home.

An updated IEP is sent out termly and Learning Support teachers are always available to meet parents. A parental response sheet is attached to all IEPs to encourage feedback. All Learning Support staff attend Parents' Evenings and liaise closely with the mainstream curriculum teachers on target setting.

Inclusion

Only if the Learning Support department is integrated within the mainstream can it be fully effective. At the school's weekly staff meetings, Learning Support teachers discuss progress and concerns for individual children and help to support staff's understanding of Specific Learning Difficulties (SpLD) and how best to support the individual in the classroom.

Facilities

The Learning Support department has its own building on campus and is extremely well resourced with the latest in computer software and hardware. The school takes this specialist

support extremely seriously and, as a consequence, are given a generous budget to allow the department to keep itself at the forefront of new initiatives.

Charges

When support involves withdrawal from the classroom and the provision of individual specialist teaching in the Learning Support department, a charge is made.

Children's needs vary enormously, but as a guideline most children require two specialist lessons of 35 minutes per week. For those who require support both in Literacy and Numeracy, this may rise to three or more lessons.

ACTIVITIES

Head of Department: Mrs Hambley

There are a wealth of groups and activities that take place during the week, with something for everyone, whether that be based in the Arts, Music, Culture, Sport, Support, Academic or just good old-fashioned family board games.

The children are encouraged to participate in as wide a range of these activities as they are able, to give them a diversity of interests and to enable them to discover talents that might, otherwise, remain hidden. Children are free to pick the activity that they enjoy and we encourage them to do at least one activity a week.

All of this provides an important opportunity for the children, and the staff, to savour a variety of skills and interests that hopefully broadens the mind and provides a contrast with the pressures of the 'mainstream'. It is, if you like, the much quoted 'Added Extra' – and there is no doubt that it now represents a significant element in the mix.

Time moves on and fashions continually change. In line with this, we regularly consult the children and the staff about new ideas and, so long as the ideas are feasible, are more than willing to add them in. Indeed, if you have any ideas of your own, we would be only too delighted to hear of them!