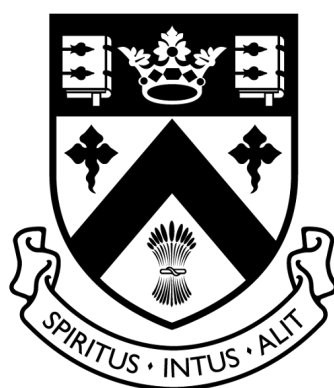


# **Clifton College Upper School Sport**



CLIFTON  
COLLEGE

## **Games Policy 2022-23**

## *Clifton College Upper School Sports/Games Plan*

Sport can be seen to install and provide opportunities for all our pupils to achieve the school's values. At Clifton College we aim to produce pupils that are 'the best possible versions of themselves' who have three key attributes:

### **Integrity**

- We treat each other with kindness, sincerity and respect. We are liberal and open-minded, free from prejudice and pretension.
- We strive to make a positive difference in everything we do.

### **Spirit**

- We are determined to explore and develop what excites and motivates us, to fulfil our potential and realise our dreams.
- We are curious, adventurous and intellectually agile.

### **Resilience**

- We believe everyone should be empowered and supported to take risks. We are not afraid of setbacks. We learn from our successes and challenges.
- We encourage bravery and, through reflection, build inner strength.

## Michaelmas Term

Focus Sport	Competitive Sport	Non-Competitive Sport	Sporting Activity
Hockey	Fencing	Badminton (restricted numbers)	Aerobics
Rugby	Football	Basketball (restricted numbers)	Archery
	Golf (select only)	Netball Development	Outdoor Fitness
	Sailing	Rowing	Spin
	Swimming	Shooting (CCf Pupils)	Zumba
	Tennis		Multisport
			Climbing (restricted numbers)

## Lent Term

Focus Sport	Competitive Sport		Non-Competitive Sport	Sporting Activity
Netball	Basketball	Sailing	Badminton (restricted numbers)	Aerobics
Hockey	Fencing	Swimming	Basketball (restricted numbers)	Climbing (restricted numbers)
	Rackets	Tennis	Shooting (CCF pupils)	Spin (restricted numbers)
Football	Rowing	X-Country		Zumba
	Boys Rugby 7's (select only)	Girls Rugby 7s		Archery
	Golf			Multisport

## Summer Term

Focus Sport	Competitive Sport	Non-Competitive Sport	Sporting Activity
Cricket	Athletics	Basketball (restricted numbers)	Aerobics
Tennis	Golf		Archery
	Rowing		Outdoor Climbing (restricted numbers)
	Sailing		Outdoor Fitness
	Fencing		Zumba
	swimming		Multisport
			Spin

# Games Policy

**Focus Sport** = Sports that have been selected by the Council as the school's focus to gain regional or national success and links with professional clubs/academies. These will be compulsory for Year 9 & 10 pupils in a format suitable to the individual's needs and there will be block fixtures every week against other schools.

**Competitive Sports** = Sports that run alongside the Focus Sports. Competitive sports will have regular fixtures throughout the term allowing pupils to represent the College and play against other schools.

**Non-Competitive Sports** = These activities are recreational based and non-competitive with respect to organised fixtures but are still considered to be physically and mentally challenging with a team focus and competitive element.

**Sporting Activities** = These activities are recreational based and are categorised in personal fitness and outdoor pursuits.

Pupils' sports choices can be pre-entered by the Director of Sport, Heads of Sports and Housemasters.

This will be done for as many pupils as possible for all three terms and all pupils' choices will be decided at the start of each academic term.

Pupils who do not wish to pursue a sport that they have been selected for, will need to discuss this with the Director of Sport.

## Restrictions for Games Choices

All Focus Sports and Competitive Sports must be a three afternoon commitment. Exceptions to this are when the sport does not run on all three afternoons therefore a non-competitive sport or sporting activity must be chosen for the free afternoon. If a non-competitive or sporting activity is chosen and this does not run on all three afternoons then another non-competitive or sporting activity must be chosen in the free afternoon.

Other exceptions to this are for year 9 & 10 who will have to participate in the Focus Sport at the start of each term but if, after a period of time, they find themselves not involved in a squad then they can opt for another sport/activity - permission from the Director of Sport & Head in charge of the specific sport must be gained first.

**Rowing** is a two term commitment if chosen in the Lent term. (Lent & Summer).

**Shooting** is an all year commitment and you must be a member of the CCF, year 10 and above.

**Football** in the Michaelmas Term - (Block I Boys only) must be available for Rugby fixtures. Boys may be called upon for 4th team fixtures when needed and will be given time to prepare accordingly.

Some sports and activities may have a limit to numbers due to staffing, equipment and facilities so some choices may have to be changed.

### *The Policy for Block II (Years 9 to 11)*

- Pupils are required to be involved in sport on three afternoons a week.
- If a pupil has ability or potential in any of the Focus Sports listed then they are required to play that sport (this will be pre-entered by staff).
- All Year 9 pupils must participate in a Focus Sport at the start of each term. They may be given other competitive sports or non competitive sports as an option (as agreed by the DoS and their HoM). These options will vary from term to term and will also depend upon the availability of space which Block I pupils will have priority.
- Year 10 & 11 pupils who are not involved in Focus Sport training squad may be allowed to choose another sporting option following communication with DoS
- In some cases, flexibility is needed to allow progress in a competitive sport, whilst maintaining the balance of commitment to the Focus Sport. This is always at the discretion of the DoS.

Pupils who were successful in joining the College through the sports scholarship assessment days.

All pupils that were successful in joining the school through the sports scholarship assessment days must participate in at least two Focus Sports and one Competitive Sport across the three terms - exceptions to this must be approved by the DoS.

They must participate in the sports which they were assessed in at their scholarship.

## *The Policy for Block I (6<sup>th</sup> form - Years 12 and 13)*

- All 6th form pupils will be expected to participate in the schools games programme on the three allocated afternoons. The exceptions to this are:
  1. In the summer term where Upper Sixth pupils can opt to have ‘supervised study’ during Thursday afternoon.
  2. Music scholars may also be exempt from 1 afternoon.
  3. Students who do not play for a sports team may opt to volunteer with the Clifton in the Community programme on a Thursday afternoon instead of selecting a sports option.
- Focus sports and Competitive sports have development plans to allow for a range of abilities and adaptive games/activities for beginners/novices.
- Pupils cannot choose the same sport/activity across the three terms for example aerobics all year - exceptions for this would be golfers, tennis players, swimmers & shooters who compete all year round.
- Any exceptions must be approved by the DoS.

Pupils who were successful in joining the school through the sports scholarship assessment days

- Must represent the school in two Focus Sports or at least 1 Focus Sport and 1 Competitive sport.
- Will be allowed to specialise in one sport for two terms - this will involve them playing one term outside of the school. Links with academies and external clubs will allow this to happen.

In some cases, flexibility is needed to allow progress in a competitive sport, whilst maintaining the balance of commitment to the Focus Sport. This is always at the discretion of the Director of Sport.

There is a strong expectation that pupils will continue to play the school’s Focus or Competitive sports in the 6<sup>th</sup> Form. If a pupil has shown an aptitude for a Focus or Competitive sport it is very much hoped that they will continue to represent the school in that sport - they will be pre-entered by staff in this case.

Competitive/Non-competitive sports and sporting activities are encouraged to run alongside Focus Sports and a flexible approach is required to maximise the sporting talent of the school in a wide range of activities. The Heads of Sport will adjudicate any clashes between sports, although it is hoped that these will be avoided with careful planning. In all cases the Focus Sport will not be compromised by participation in a competitive sport. It is a requirement of the College that pupils are available for matches on Saturday afternoon.

## Changing Sports Options

Pupils will have the first two weeks of each term to change their sport.

Pupils are required to have a conversation with the staff member in charge of their sport and HOM. Following this, please send an email to the DoS with the reasons (email must cc in HOM & Staff member in charge of the sport) for the change. With any change the relevant policy must still be adhered to.

### Staff members in charge of sports

Sport	Teacher in Charge	Email	Sport	Teacher in Charge	Email
<b>Aerobics</b>	Ali Smith	smudge.build@btinternet.com	<b>Rackets</b>	Reggie Williams	rwilliams3@cliftoncollege.co m
<b>Archery</b>	Ash Stanton	astanton@cliftoncollege.com	<b>Rowing</b>	Rob Beever	rbeever@cliftoncollege.com
<b>Athletics</b>	Emma Kenyon	ekenyon@cliftoncollege.com	<b>Rugby</b>	Matthew Salter	msalter@cliftoncollege.com
<b>Badminton</b>	Grace Ball	gball@cliftoncollege.com			
<b>Basketball</b>	Arnold Lobo	alobo@cliftoncollege.com	<b>Sailing</b>	James Rosser	jrosser@cliftoncollege.com
<b>Climbing</b>	Jody Sumner	jsumner@cliftoncollege.com	<b>Shooting</b>	Chris Hughes	chughes@cliftoncollege.com
<b>Cricket</b>	Tim Hancock	TBC	<b>Spin</b>	Martin Williams	mwilliams@cliftoncollege.co m
<b>Fencing</b>	Samantha Daubney	sdaubney@cliftoncollege.com	<b>Swimming</b>	Savannah Barman	sbarman@cliftoncollege.com
<b>Football</b>	Joe Brooks	TBC	<b>Tennis</b>	Kerris Wagstaff	kwagstaff@cliftoncollege.co m
<b>Golf</b>	Andy Rudge	arudge2@cliftoncollege.com			
<b>Hockey</b>	Adam Dixon	adixon2@cliftoncollege.com	<b>X-country</b>	Emma Kenyon	ekenyon@cliftoncollege.com
<b>Netball</b>	Joelle Moreno	TBC	<b>Zumba</b>	Geraldine Maringo	gmaringo@cliftoncollege.co m
<b>Outdoor Fitness</b>	TBC	TBC			

## *Games Kit*

Only Clifton College kit is to be worn for all sports/activities. A pupil who is not wearing correct clothing will be issued a MED and further disregard of this rule will result in a mid week detention.

If a sport requires specific clothing then Clifton College kit/tracksuit must be worn whilst walking to the venue through the campus or travelling.

Boys:

Home matches (BB) - full Clifton College tracksuit is to be worn to travel in and worn after matches in the pavilion for aftermatch tea.

Away matches - full school uniform is to be worn to travel in and change upon arrival at the fixture. Pupils must be in full school uniform if they go to aftermatch tea.

Girls:

Home & away matches - girls must wear full school tracksuit to matches and worn for after match teas.

## *PUPIL CODE OF CONDUCT*

- Be punctual for all practices and matches - check games arrangements and do not miss your bus. Missing games is sanctioned with a Saturday Night Detention
- Wear the correct Clifton College kit and have any specific safety equipment
- Use courteous and appropriate behaviour at all times.
- Play with good sportsmanship and fair play.
- Never argue with an official and accept their decisions - only the captain can discuss an issue with them in a respectful manner.
- Play to the whistle, absolutely no “chirping” of the officials or opponents will be tolerated.
- Win with humility, lose with grace, and do both with dignity always shake hands with the opposition and officials after the match.
- Never use foul language on or off the field.
- Respect the facilities as well as the equipment you use.
- Thank the catering staff whether you are at home or away.
- Leave changing rooms as you found them - tidy up after yourselves.

There may well be frustrating times during matches or whilst competing but it is important for yourself and your team to remain focused and control your arousal so that you can perform to your optimum level of performance.



# PARENTAL CODE OF CONDUCT

At Clifton College we expect parents and spectators to adhere to a code of conduct as they are also representatives of the College and its image. At all matches, it is expected that parents will comply with the following:

- Behave in an appropriate manner at all times.
- Support both teams and applaud good play at all times.
- Show respect for the opposition and officials.
- Praise and support all pupils' efforts and performances rather than focussing on winning or losing.
- Provide constructive and positive feedback and don't criticise any of the pupils.
- Refrain from shouting or questioning decisions.
- Support the coach in performing his/her role and refrain from coaching any pupil from the side-lines
- Remain in the designated spectator area until after the game – don't interfere with the participants.
- Avoid using foul language or derogatory comments.
- Be a role model for all pupils and other parents.
- Provide support during both successes and failure to pupils and coaches.

## *Team Selection Protocol*

The following guidelines will be applied by the staff of Clifton College when selecting players for teams:

- Fundamentally selection will be based on merit alone for senior teams and junior 'A' and 'B' teams. The coaches will be expected to select a team/squad which they view as their strongest available selection. Where permitted by the sport's governing body (and based on their ability and physical maturity) pupils may have the opportunity to play up a year group(s).
- Selection based on merit will encompass each pupil's dedication to training, fitness levels, coachability, sportsmanship, effort, attitude and ability. Coaches will have regular meetings to discuss players and selection and where possible watch other games and training sessions.
- Team coaches will use their professionalism and experience to pick the appropriate teams to represent the school at all age levels using the above criteria.
- We understand that not every pupil will be wholly satisfied with team selection. Team coaches will manage their players and communicate reasons for their selection. If a pupil is not happy with the team they have been selected for then they are encouraged to speak to their coach at an appropriate time. The Director of Sport will address any concerns if the pupil is still not satisfied following this procedure.
- Pupils are often selected as part of a squad and an attempt will be to play everyone for some part of the match. If a squad is selected for a qualifying tournament there is no guarantee that all squad members will get pitch time as the strongest team will be selected for the matches.